



**Faculty of Social Sciences and Humanities**

**Effectiveness of Non-Governmental Organizations in Rural Development  
in Chitral District, Khyber Pakhtunkhwa Province of Pakistan**

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Effectiveness of Non-Governmental Organisations in Rural Development in  
Chitral District, Khyber Pakhtunkhwa Province of Pakistan

Anwar ul Mujahid Shah

A thesis submitted

In fulfillment of the requirements for the degree of Doctor of Philosophy  
(Urbanization and Community Development)

Faculty of Social Sciences and Humanities  
UNIVERSITI MALAYSIA SARAWAK  
2018

## **DECLARATION**

I, Anwar ul Mujahid Shah, 15010031, Faculty of Social Sciences and Humanities, hereby declare that the work entitled “Effectiveness of Non-Governmental Organisations in Rural Development in Chitral District, Khyber Pakhtunkhwa Province of Pakistan” is my original work. I have not copied from any other student’s work or from any other sources except where due reference or acknowledgment is made explicitly in the text, nor has any part been written for me by another person. The thesis has not been accepted for any degree and is not concurrently submitted in candidature of any other degree.

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## **ABSTRACT**

The present study has been focusing towards determining the effectiveness of the NGOs in making a difference in the development of Pakistan rural areas particularly considering Chitral province from the community approach. This research intended to examine how NGOs in Chitral apply community approach for the rural development of Chitral particularly by focusing on Ayun and Yarkhun Union Councils. The present research used a case study research design and ethnographic qualitative approach by focusing on the directly observable material items to notice the entire education, health and gender equality in Chitral after the entry of NGOs. In order to collect appropriate data, three key tools were selected, including observations, Focus Group Discussion (FGD), and In-depth Interviews (IDI). Purposive sampling method was used to select a total of 152 informants from the two councils of Chitral, Ayun, and Yarkhun for data collection where 64 informants from each council were selected for FGDs and 12 for IDIs. The number of the sample was subject to saturation point. The snow ball sampling was used to reach out the various informants in the study. The data were analyzed using open coding method and thematic analysis. The results of the study have indicated that the NGOs (particularly AKRSP and SRSP functioning in Ayun and Yarkhun Councils of Chitral, respectively) are primarily applying community approach by focusing on different factors. For instance, the major ways or activities followed to implement community approach within the identified regions are involving local people and staff members in every activity and/or even in decision-making process to know about their needs. NGOs in Chitral have been trying to make education compulsory for both genders, besides improving health awareness and facilities in the hospitals, and promoting gender equality through effective actions, including campaigns and workshops. The research further explored that the activities

adopted by NGOs in these councils assessed by the communities were found to perform effectively in informing people regarding the importance of high education, improved health and gender empowerment without which the rural development (high standard of living) is not possible. The study depicted that the entry of NGOs in Chitral has been accepted through implementing projects, which are influential in making significant contributions to bring positive changes to the communities. Thus, these organisations are suggested to take some rational actions to aware people through cost-benefit analysis who are less interested in participating the rural development. The research had indicated that for the issues encountered in the case of community approach, awareness and understanding should be increased for rural development in a more holistic way. On the contrary, the contemplated study further showed some research limitations, such as lack of mixed method. Thus, it is recommended for future researchers to employ a mixed method on a similar study.

**Keywords:** Rural development, non-governmental organisations, effectiveness, community approach, Chitral



***Keberkesanan Badan Bukan kerajaan( NGOs) dalam Pembangunan Luar Bandar di Daerah Chitral, Khyber Pakhtunkhwa, Pakistan***

**ABSTRAK**

*Kajian ini telah memberikan tumpuan terhadap penentuan keberkesanan pihak NGO dalam pembangunan kawasan pedalaman dalam membawa kepada perubahan di wilayah Chitral, Pakistan dengan menggunakan pendekatan masyarakat. Kajian ini bertujuan untuk menilai bagaimana NGO di Chitral menerapkan pendekatan masyarakat untuk pembangunan luar bandar terutamanya dengan memberi tumpuan kepada Majlis Kesatuan Ayun dan Yarkhun. Kajian ini dijalankan berdasarkan kajian kes dan pendekatan kualitatif etnografi dengan bertumpukan kepada pemerhatian bahan-bahan yang boleh dilihat secara langsung untuk mendapatkan gambaran secara menyeluruh terhadap taraf pendidikan, kesihatan, dan kesaksamaan gender di Chitral selepas kewujudan NGO. Tiga teknik pengumpulan data secara kualitatif telah dipilih iaitu kaedah pemerhatian, kaedah perbincangan kumpulan berfokus (FGD), dan temu bual mendalam (IDI). Kaedah persampelan bertujuan (purposive sampling method) digunakan untuk memilih seramai 152 informan daripada Majlis Kesatuan Ayun dan Yarkhun di Daerah Chitral, di mana 64 informan dari setiap majlis kesatuan telah dipilih untuk terlibat dalam FGD dan 12 telah dipilih untuk IDI. Bilangan sampel tertakluk kepada titik tepu (saturation point). Kaedah persampelan rantai (snow ball) digunakan untuk mengenalpasti informan dalam kajian ini. Data telah dianalisis dengan menggunakan cara pengkodan terbuka (open coding method) dan analisis tematik. Hasil dapatan kajian menunjukkan bahawa NGO (terutamanya AKRSP dan SRSP yang berfungsi di Majlis Kesatuan Ayun dan Yarkhun di Chitral) secara umumnya menerapkan pendekatan masyarakat dengan memfokuskan pada faktor yang berbeza. Sebagai contoh, cara atau*

aktiviti utama yang diikuti untuk melaksanakan pendekatan komuniti adalah dengan melibatkan penduduk tempatan dan kakitangan dalam setiap aktiviti dan/atau dalam proses membuat keputusan untuk mengenal pasti keperluan mereka. Pendidikan diwajibkan tanpa mengira jantina, meningkatkan kesedaran kesihatan dan kemudahan seperti hospital, serta memupuk kesaksamaan gender melalui tindakan berkesan seperti kempen dan bengkel kesedaran. Kajian ini juga mendapati bahawa aktiviti-aktiviti yang diadakan oleh NGO dalam majlis-majlis kesatuan ini adalah berkesan dalam meningkatkan kesedaran masyarakat terhadap pendidikan tinggi, peningkatan taraf kesihatan serta kesaksamaan gender dalam komuniti yang merupakan elemen penting dalam pembangunan luar bandar untuk mencapai taraf hidup yang lebih tinggi. Kajian ini menggambarkan bahawa kemasukan NGO di Chitral telah diterima baik melalui pelaksanaan projek yang berpengaruh dalam memberi sumbangan penting untuk membawa perubahan positif. Oleh itu, organisasi-organisasi ini dicadangkan untuk mengambil tindakan holistik melalui analisis kos-faedah untuk memberi kesedaran kepada orang yang kurang berminat untuk menyertai pembangunan luar bandar. Kajian ini menunjukkan bahawa kesedaran dan pemahaman perlu ditingkatkan bagi isu-isu yang dihadapi dalam kes pendekatan masyarakat untuk pembangunan luar bandar ke arah yang lebih baik. Beberapa batasan penyelidikan, seperti kurangnya pendekatan campuran (mixed method) digunakan. Oleh itu, adalah disyorkan supaya kajian masa depan menggunakan kaedah campuran bagi kajian yang sama.

**Kata kunci:** Pembangunan luar bandar, badan bukan kerajaan, keberkesanan, pendekatan komuniti, Chitral.

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## **LIST OF ABBREVIATIONS**

AIDS	Acquired Immunodeficiency Syndrome (AIDS)
AKRSP	Agha Khan Rural Support Programme
BN	Basic Need Approach
BIDP	Broz Integrated Development Programme
CD	Community Development
CIADP	Chitral Integrated Area Development Programme
CED	Community Economic Development
CDD	Community Driven Development
CESVI	Cooperazione e Sviluppo Onlus
CIADO	Chitral Integrated Area Development Organisation
CAD	Creative Approaches Development
FIDA	Foundation for Integrated Development Action
FGD	Focus Group Discussion
HIV	Human Immunodeficiency Virus
IRD	Integrated Rural Development
IDI	In-Depth Interview
ICDP	Integrated Chitral Development Programme
KPK	Khyber Pakhtunkhwa
LSO	Local Support Organisations
MNA	Member of National Assembly
N.W.F.P	North-West Frontier Province
NGO	Non-Governmental Organisation
PPAF	Pakistan Poverty Alleviation Fund

PRA	Participatory Rural Appraisal
PSC	Poverty Score Card
RDP	Reconstruction and Development Programme
RRA	Rapid Rural Appraisal
SAP	Structural Adjustment Programme
SRSP	Sarhad Rural Support Programme
TADO	Terich Area Development Organisation
UC	Union Council
UNICEF	United Nations Children's Funds
VO	Village Organisation
WASEP	Water and Sanitation Extension Programme
WO	Women Organisation
YMC	Young Men's Christian Association
YWCAS	Young Women's Christian Association
YSDO	Young Star Development Organisation

# **CHAPTER 1**

## **INTRODUCTION**

### **1.1 Background**

The concept of development is comparatively complicated and scholars have identified differing versions of developmental concepts. Development as a notion is defined as the positive change or improvement in any concept, discovery/invention, design or region in terms of advancement in infrastructure or community betterment (Scott & Storper, 2003; Maton, 2008). Considering the evolution of this word's definition after modernization, it was found by researchers and professionals that development is majorly allied to the globalization (Avolio & Gardner, 2005). This is because globalization favours interconnectedness through massively increased trade and cultural exchange that requires further progress at every level (local and global) to bring people closer and to meet their needs. It implies that development simply is a broad concept that covers all the needs at small and large scales and recommended actions for bringing a positive change in the form of making a thing/nation more advanced. Conversely, rural development, as per social scientists, is a sub-concept of the development process that has been purely defined as the procedure, which particularly develops quality living standards and self-reliance within rural communities (living isolated) through inclusive and participatory measures (Schech & Haggis, 2008).

Rural development is a commonly used term referred while denoting to developing or underdeveloped countries as a procedure that enhances the capacity of production and increases the living standards within rural or suburban areas (Kis, Gal, & Véha, 2012; Roka, 2012). Rural development is defined as the process, which is multidimensional and

designed for envisioning the improvement variety necessary for the progress of rural life. Rural development in most cases entails the betterment of quality of life of the individuals living in suburban places along with the economic well-being based on sustainability (Moseley, 2003). Thereof, it is considered as an imperative process according to several researchers (Russell & Nicholson, 2016). The development of the rural areas was initiated with the shocking insight of the fact the international development strategies do not support the poor in any country (Chambers, 2014). This inability resulted in the difference of income distribution by increasing the numbers of the poor people in the world's developing countries (Scott & Storper, 2003).

Moreover, the standard of living was also affected by the increase in poverty ratio, as rural inhabitants have no resources of generating income, meeting their basic needs of food, water and house and treating their health issues/diseases. This condition highlighted the needs of rural development by the civil society in different nations (Issa & Faisal, 2004; Viriya, 2009). The combination of the state and the society is called the civil society (Nayar, 2008). The state has responsibilities of managing and efficiently allocating resource and public goods, which is distributed through the concerned authorities within the community group or is distributed, based on the society' defined common goods, and resources by values and visions (Norton, 1995; Kabeer, 2010). If these responsibilities of states are not fulfilled in a rural development, then there is a need for rural development with the help of other firms.

Different society arenas including the self-organized group of citizens, associations, social movements, and philanthropic associations, therefore formulate the civil society on their own where all the resources are fairly and efficiently allocated (Brown &